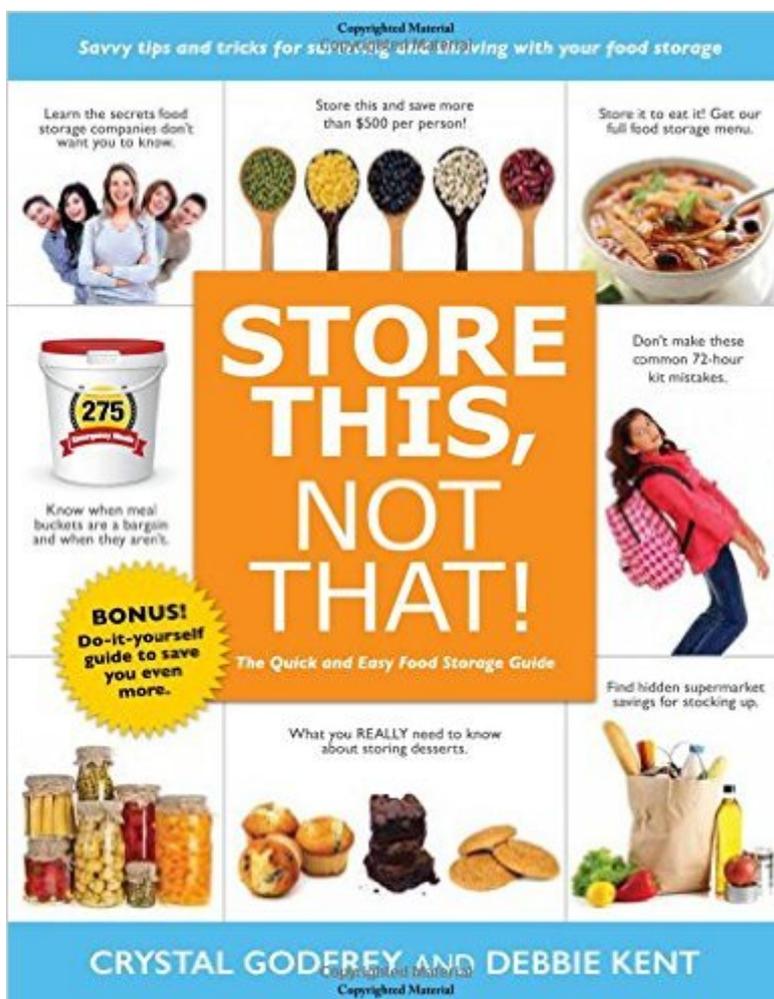


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# Store This, Not That!: The Quick And Easy Food Storage Guide



## Synopsis

"You've heard it countless times. Get your food storage. But if you're just starting out, there's a problem with that advice.... WHERE DO YOU START? Ever wish you could get the Cliff notes for food storage? You know, just go straight to what works, and forget everything else? Well here's your chance! We'll help you quickly decipher what you should and should not be storing, share with you space saving tricks and insider information to save you \$1,000s of dollars when buying your food storage, and in the end, how to make something your family would actually eat!"

## Book Information

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## Customer Reviews

I just got this book yesterday and have done a quick review of it. After being involved in food storage for over forty years I find this to be the simplest and most comprehensive approach. It shows how to do it quickly, easily and relatively inexpensively. I know that having three months worth of food that we can eat on an everyday basis is the best approach for the many challenges that we face in our modern world. Having experienced downturns I know how comforting not having to worry about where your next meal is coming from is. Thanks for the book and its many pieces of advice and help.

This book has saved me so much money and now I am storing food in a more economical and organized pattern. I'm not new to food storage so I thought I already knew most of the information. The authors are very genuine and concerned in helping people of all economic means to be prepared and have a rotating useful supply of food. I would recommend this book to everyone even

if you think you already "know it all." It's good to have printed information for reference and it also has some simple but yummy recipes to use with the food. It is also loaded with references that cover more than they could possible cover in one book. Love it, love it!

I have been storing food for the past 10 years. This is by far the best book I have ever seen. Buy this book and forget the rest. This book has told me things that I did not even think of..WOW this is just great.

I received this as a Christmas gift this year and I love it already! This is the perfect book for anyone who goes grocery shopping and wants to just save money or who is really into food storage. The layout of the pages have great pictures and easy to access ways to make food preparation and storage easier. Every household can benefit from this jam packed book. I have several food storage books, but this one breaks it down into practical, everyday ways to accomplish my daily and long term goals.

What a great book!!! As one who's made several costly food storage mistakes (can you say dehydrated fruit cocktail, ugh) this book is a godsend! They tell us what is a good value vs a bad value, what to store for 72hr kits to long term food storage, and everything in between --- even what to store for your pet. Oh, and lets not forget the recipes that have both the fresh AND FS equivalents. And I love the layout. Fun and interesting. Thanks, Ladies for taking the time to write this book and share you knowledge with the rest of us!

This book should be the "bible" of food storage. It gives the best advice on what you should be buying and what not to waste your money and space on. Information that you won't find anywhere else that's all in one book. I learned so much and wish I had it years sooner. I haven't had a chance to make any of the recipes but they all look good and I love the four weeks of dinner and two weeks of breakfasts.

Received this book yesterday and I love it. It would not be my first choice for a food storage how to book but there is tons of information in this book to help you know how much to store and how to compare canned to dehydrated to freeze-dry to frozen foods and advantages/disadvantages of each. Some things they tell you flat out "don't waste your money!" There is also a section of menu and recipes for short term (90 days) food storage which will expand your thoughts to real food that

you will WANT to eat! There is good balance in this book between what you can realistically make yourself and what is a good idea to buy commercially prepared. Well worth having in your food storage library. I first came across Crystal Godfrey through her blog Everyday Food Storage. She's done her homework and her advice is sound.

This book is ESSENTIAL for anyone interested in building their food storage! The authors clearly show the way to invest in the future by obtaining food storage for 72 hour kits, 2 week emergency and long-term. As they point out, one never knows what this world will become.....and if you are ready, you need not fear! Thank you, Crystal and Debbie, for this excellent resource! I am going to get one for each of my children!

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